

Definitions

Unconscious:

Done or existing without realising – existing below conscious awareness

Unintentional, accidental, unthinking, unwitting



Definitions

Bias:

To **feel** or **show** an inclination or prejudice **for** or **against someone** or **something**

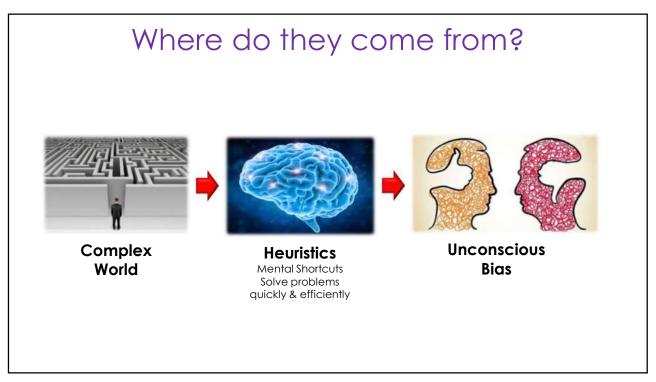
Prejudice, sway, predisposition, distortion

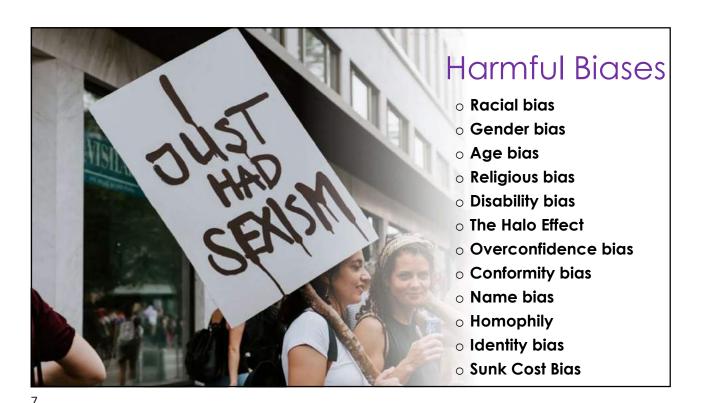


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Reduces Inclusiveness Reduces Cognitive Diversity Harmony Problem-solving Business Performance Problem

Where do our unconscious biases 'hide'?

- Assumptions
- Beliefs
- Theories
- Preferences
- Inclinations
- Generalisations
- Perceptions
- Labels/categories
- Identity
- Allegiances
- Prejudices
- Stereotypes
- Memories
- Thoughts
- Feelings
- Reactions
- Systems/processes



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Reducing the Negative Impacts

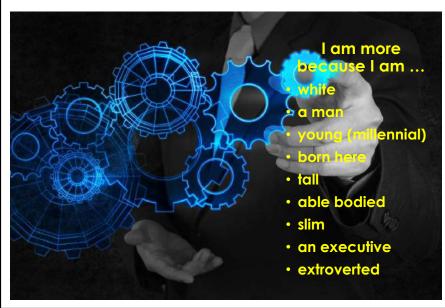
- Make the unconscious conscious.
- Relate to people as individuals.
- Listen with the intent to understand, not to judge or assess.
- Spend more time with people who look and think differently to you.







Identity Bias



I am less because I am ...

- black
- a woman
- old (baby boomer)
- born overseas
- short
- have a disability
- over weight
- a truck driver
- introverted

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Diversity

"When it comes to simple tasks, diversity is a distraction. You just want to hire people who are smart, fast, knowledgeable, whatever. Things are not just different, but the polar opposite, when it comes to complex problems." Matthew Syed "Rebelideas"

There is a high correlation between cognitive diversity and racial/gender diversity.